**Growth with Sensei**

When I think back of yesterday

Do I feel a sense of happiness

Do I feel I’ve thrown my time away

Now I’m thinking of today

Do I feel I’m stuck in the same old place

Or have I learnt from yesterday?

I want to break the shackles of my karma

I want to work for peace everyday

I will make sure that everything leads to my

Continuous growth in unity with Sensei

When I look at the world around me

Do I see a wave of loneliness

Love and warmth seem so far away

Now I’m looking at the world inside me

I see a ray of hope that’s burning bright

And my Buddhahood is here to stay

I want to break the shackles of my karma

I want to work for peace everyday

I will make sure that everything leads to my

Continuous growth in unity with Sensei (x3)